

The Kripalu Centre

Live fully, with compassion



Yoga



Meditation



Master
Classes



Workshops



Seminars



Concerts



Tai Chi

Blocks to Spiritual Progress

Friday June 19th 7pm-9pm

Saturday June 20th 11am-7pm

Sunday June 21st 11am-7pm

£125

Internationally renowned teacher, Martyn Carruthers, the founder of Soulwork (www.soulwork.net), will be leading this three-day workshop. Martyn's background is in the field of Nuclear Physics, from this starting place, he has delved deeply into the world of Subjective Reality.

As defined by Steve Pavlina, *Subjective Reality is an integrated belief system where consciousness and awareness are primary. They are the container in which everything else exists. We are not bodies walking around in a physical universe. We are pure conscious awareness and the physical universe is "walking around" within us.*

In order to understand this more fully Martyn continued to grow his knowledge with years of study in psychology and a life-long journey of learning through profound experiences with the Shamans of Hawaii. The combination of all these elements resulted in the formation of 'Soulwork', a powerfully inspired system Martyn developed to teach others all over the world how to better enhance their lives and fulfill their destinies.

This course will introduce you to the **Huna** (*hidden*) **Kalani** (*of Heaven*), the ancient Mystic and Healing Secrets of Hawaii. Across the three days, you will explore family maps and consider how you define your Life Goals. You will learn to identify mental and emotional blocks and you will be taught how to resolve objections and make a plan for success and liberation.

Further questions: leondeith@aol.com 07808 060 232 or Miles miles.hall@btconnect.com 07971 013 334

REGISTER WITH THE KRIPALU CENTRE

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